#### System Support

System support indirectly benefits students and their families.

These services include:

- Consultation with teachers on students' behalf,
- Implementation of the state and local standardized testing programs,
- Participation in building, district plans and goals,
- Community outreach
- Counseling staff development

#### Program Balance

The emphasis of each component varies as students mature and accept more responsibility for their growth and development.



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## Counseling Services Grades 7-12

The Role of the School Counselor at Rush-Henrietta Central School District



# Counseling Services Grades 7 - 12

All students in grades 7-12 participate in a developmentally appropriate school counseling program based on the American School Counseling Association's National Standards for school counseling. The counseling program prepares students to become effective learners, achieve personal and social goals and develop into responsible, contributing members of society.

Counseling Care

#### The Role of the School Counselor at Rush-Henrietta is to:

Facilitate instruction by removing barriers to student learning and to provide services to students, parents/guardians, school staff, & the community in the areas listed below.

- I. Guidance Curriculum
- II. Individual College &/or Career Planning
- III. Responsive Services
- IV. System Support

### Guidance Curriculum

School counselors help students develop basic life skills in the following areas:

- Self-confidence
- Communication skills
- Motivation to achieve
- Interpersonal skills
- Decision-making and problem solving skills
- Cross-cultural effectiveness
- Conflict resolution
- Self awareness

#### Parents and Guidance Curriculum

Parents are invited to provide input to the curriculum that is taught. Parents are aware of what is taught, and are encouraged to reinforce these skills at home.

#### Individual College and/or Career Development and Planning

School counselor assists students as THEY plan, monitor, and manage their own educational, career and personal - social development.

Through the individual planning students can:

- set educational, career, and personal-social goals based on self-knowledge and information about school, world of work and their society.;
- make plans for achieving short and long-term goals; analyze how their strengths and weaknesses enhance or hinder the achievement of their goals.;
- assess their progress toward their goals; and make decisions reflecting their plans.

#### Parents and Individual College and Career Planning

Educational and career decision-making, planning and goal setting are primarily the responsibility of the students and their parents.

#### **Responsive Services**

School counselors intervene on behalf of students whose immediate concerns or problems put their continued development at risk. Such concerns may include:

- Topics of high priority or safety issues
- School based issues
- Personal issues

These needs may require individual or group counseling, consultation with parents, referral to other community support services resources, peer mentoring. Some responses are preventive, others are remedial.

#### Parents and Responsive Services

Parental involvement is essential to helping children overcome barriers to their educational success. Parents may refer their child for help.

